

SOME Recipe Easy Chicken Casserole

Ingredients:

4 boneless, skinless chicken breasts
1 can of cream of chicken soup
1 cup of sour cream
32 butter crackers

OPTIONAL:

2 cups frozen peas

Preheat oven to 350 degrees. Boil chicken 20-30 minutes and cut into bite sized pieces.

Place in SOME foil pan (9×13). In separate bowl, combine soup & sour cream, pour mixture over chicken, and top with crumbled crackers. Cover with foil & cook 30 min.

Optional -- add peas on top of chicken before pouring soup/sour cream.

SOME Recipe Sloppy Taco Joe Casserole

Ingredients:

- 1 box of 16 oz pasta (small elbow works well)
- 1 lb of hamburger meat
- 1 bag of frozen peas
- 1 bag of taco mix (add water as per instructions)
- 1 cup of shredded cheese

Cook the pasta, drain and place in 9x13 foil pan

Brown the hamburger meat

Add taco mix & peas* (alternatively, add the peas to the cooked pasta in the pan as they will be firmer that way) and simmer for 10 minutes

Add meat mixture to the pasta & mix

Cover the mixture with shredded cheese

Cover with aluminum foil and either freeze at home or bring to church (marked for SOME) and leave in the upstairs church fridge. It will be placed in the SOME freezer downstairs until delivery date.

SOME Recipe
BASIC EGGS AND RICE
(with Free the Fridge options)

Ingredients

2 cups cooked rice (white or brown)
2 TB butter or olive oil
8 eggs whisked
1/4 cup milk
1 cup shredded cheese

Meat options:

Ham, Sausage, Bacon

Veggie options:

peas, onions, spinach, peppers, beans, mushrooms

Directions:

1. If using meat - chop and fry in skillet (olive oil) and put in casserole pan
2. If using veggies - sauté in skillet and add to casserole pan
3. Add 2 cups of cooked rice to skillet, sauté in butter/olive oil for 2 -5 minutes
4. Whisk 8 eggs with 1/4 c milk and add to rice, add cheese on top of egg and rice mixture. Eggs will be done when cheese is melted
5. Turn mixture into casserole pan and mix with optional meat/veggies

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